

Health and Wellbeing Board

22 June 2017

Health and Wellbeing - Area Action Partnership Links



Report of Andy Coulthard, Area Action Partnership Coordinator, Transformation and Partnerships, Durham County Council

Purpose of Report

1. The purpose of this report is to provide an update in relation to the work taking place to enhance the interface between Area Action Partnerships (AAPs) and the Health and Wellbeing Board to improve the alignment of AAP developments and investments and the priorities of the Partnerships.

Background

2. The last report on the work of AAPs was presented to the Health and Wellbeing Board on 9 September 2016. This report forms part of a regular update to the Board that reviews joint working between health and wellbeing partners and the 14 AAPs.

AAPs and Delivery Partnerships

3. The following section provides an update on several county wide partnerships and services in which the AAPs are involved. It has been agreed with the lead agencies responsible that progress summaries will be provided through this report.

Community Wellbeing Partnership (CWP)

4. The function and purpose of the CWP is currently under review and will need to consider the outcome of the corporate transforming partnerships programme. There will be the potential to link this with the preventative agenda, but further discussion is needed which will be led by the new Director of Public Health County Durham. Depending upon the outcome of the discussion the AAPs would see this Partnership as being the arena for county wide discussion on practical health and wellbeing delivery involving the counties community sector and statutory service providers.

County Durham Dementia Action Alliance (CDDAA)

5. The CDDAA was formed in 2015 with a handful of residents and providers working with the Alzheimer's Society. Towards the end of that year the County Durham and Darlington Fire & Rescue Service began to take the lead for the group and took on the Chair.

6. During 2016 and up to date the CDDAA has grown with representatives from various Dementia Friendly Communities across the county including Barnard Castle, Bishop Auckland, Spennymoor and Stanley, alongside service representatives from the Passport Office, St Cuthbert's Hospice, Land Registry, Beamish, Durham County Council (various services), the Police, local dentists and businesses. The AAPs are also represented on the Alliance.
7. In the autumn of 2016 the CDDAA agreed their Terms of Reference and with the support of the AAPs and partners developed an Action Plan linked to their aims and objectives. The action plan addresses 8 areas including creating and support dementia friendly communities; raising awareness; increasing earlier diagnosis and support care; encouraging a partnership approach; increasing membership of the DDAA and to increase knowledge and connectivity to the wider strategic Health and Wellbeing agenda. This last area will be actioned through regular updates to the Health and Wellbeing Board via this report.
8. Following pilots by a number of AAPs who have successfully utilised survey monkey for priority voting in a number of secondary schools the decision was taken to develop and extend this method of engagement and participation across the 14 AAPs. The initial plan was to offer this across all secondary schools in County Durham as part of Durham County Council's response to the Children's Commissioners Takeover Day Challenge; however, it was agreed by all AAPs to also extend this survey method to the general population.
9. **7,976** residents from across County Durham completed an AAP Priority survey between November 2016 and February 2017; this is broken down into **3,346** pupils from across **35** secondary schools and **4,630** residents (this includes **1,854** residents who took part in several participatory budget and community events).
10. The table on the next page shows the priority theme voting results for the general and schools surveys and the voting from the Participatory Budgeting (PB) and community events. Each participant had to vote for 3 different priorities. The table shows the frequency of votes for each priority along with the ranking for each of the 3 methods. The key messages from this have been:
 - **'Children, Young People and Families'** was ranked the number one chosen priority theme across all voting methods.
 - **'Older People'** was ranked in the top 3 for all voting methods and second most important for Young People through the schools survey
 - **'Health and Wellbeing'** was ranked in the top 4 for all voting methods and second for those voting at PB events.
 - **'Employment Enterprise and Training'** was voted the second most important priority theme by the general survey but only 7th and 9th for those voting at PB events and via schools.
 - **'Transport, Traffic and Roads'** features in the schools top 5 but 8th most important to the other two methods.

- ‘**Community Safety**’ is the number 3 most important priority theme for Young People voting through the schools survey but 7th and 10th for the general survey and PB event participants.

Table 1:

Priority Themes	General Survey		Schools Survey		PB Survey	
	Freq.	Rank	Freq.	Rank.	Freq.	Rank
Children, Young People & Families	1446	1	1792	1	1255	1
Employment Enterprise and Training’	986	2	571	7	307	9
Older People	951	3	1054	2	711	3
Health and Wellbeing’	912	4	981	4	729	2
Supporting Local Groups	773	5	292	10	620	4
Your Local Environment	762	6	638	6	486	5
Community Safety	746	7	1015	3	370	8
Transport, Traffic and Roads	691	8	672	5	379	7
Culture, Tourism & Heritage	379	9	307	9	424	6
Communication, IT and Technology	248	10	535	8	251	10
Total	7914		7857		5532	

- To date only Durham AAP have not confirmed their priority working groups for 2017/18 and out of the 13 AAPs that have, 10 have Health and Wellbeing as a key priority. A table of priorities for each AAP can be found in Appendix 2 of this report.
- The table on the following page highlights the issues chosen by participants under the priority theme Health and Wellbeing. Participants were asked to identify two issues under each theme that they felt needed to be tackled. The table shows the county ranking based upon the average rank across all AAPs for each issue. Data from the AAP events did not include feedback on the issues and are therefore not included. The key messages from this have been:
 - **Mental health** was the number one issue across all rankings. It also topped the older people’s priority issues and came third in the Children, Young People’s and Families section.
 - **Access to health services** and **Physical health** finished second and third respectively, but both had the same overall county wide ranking score.
 - **Social Inclusion** was the most interesting anomaly with general public ranking it their second highest issue and schools ranking it their lowest.

Table 2:

Health & Wellbeing Issues	General	Schools	County
	Rank	Rank	Rank
Mental health	1	1	1
Access to health services	4	3	2
Physical health: access to activities which help make you physically active	3	4	3
Social inclusion: access to activities/facilities, transport, welfare & regular contact	2	7	4
Money Advice	7	2	5
Specific long term conditions (cancer, diabetes, heart disease)	5	5	6
Services for carers	6	6	7

13. After examining the issues across all the priority themes the following areas should be noted as they can be linked to the Joint Health and Wellbeing Strategy targets:

- Key health and wellbeing issues concern **mental health; access to services and physical health**
- Key children, young people and families issues concern **risky behaviour; activities for the 12 to 15 year olds; physical, emotional and mental health and work experience/apprenticeships**
- Key older people's issues concern **mental health; keeping warm; access to activities and social support**
- Key community safety issues concern **Antisocial Behaviour; substance misuse and safe places to play**

14. A detailed county wide priority report has been produced and is available upon request from the AAP Health and Wellbeing Board representative.

Summary of AAP Health and Wellbeing Projects for 2016/17

15. Relevant Health and Wellbeing Partners continue to support and advise the AAPs task and finish groups to avoid duplication and ensure that projects developed locally compliment and contribute to the Joint Health and Wellbeing Strategy priorities.

16. **131 projects** have been delivered under the Health and Wellbeing theme during the 2016/17 financial year. The majority of these projects tackle key issues such as social isolation, physical activity, mental health and food/healthy eating.

17. The following tables highlight the investment made by the AAPs and County Councillors via their respective Area Budget and Neighbourhood Budget

allocations during 2016/17. A few of these projects have been highlighted in Appendix 3 for your information.

Area Budget Allocation

County Durham Priority	AB Amount	No of projects	Match	Total Project Costs
Health & Wellbeing	£224,008	26	£248,010 (external) £29,497 (internal)	£501,515

Neighbourhood Budget

County Durham Priority	NB Amount	No of projects	Match	Total Project Costs
Health & Wellbeing	£ 788,485	105	£ 349,160 (external) £ 383,490 (internal)	£1,521,135

Note: Internal funding is reference to any funding coming from Durham County Council services

Shared and Supported Work

18. The AAPs continue to input into the Joint Health and Wellbeing Strategy and the Sever Weather Plan Development Groups. The AAPs are also involved in developing the school mile agenda which is being led by Culture and Sport.
19. As noted in paragraph 6 of this report several AAPs are working on a project to increase awareness of dementia and the development of more dementia friendly communities. The project would seek to employ a part time worker to support local communities, businesses and services and link closely with the CDDAA. The project will also work closely with the Housing Associations as they have recently identified a joint target of becoming Dementia Friendly services.
20. Holiday Hunger continues to be a particular issue which several of the AAPs and County Councillors have funded to enable partners to provide school holiday activity. It is anticipated that the number of schemes being planned for 2017 will increase with both voluntary and statutory sector deliverers planning snacks, picnics, quick meals or family cooking sessions alongside their other holiday activities. Lessons have been learnt from previous schemes as food poverty is not restricted to families who access free school meals so to prevent stigma of any sort an open access to the this provision has been recommended. Delivery by community groups have proved more successful as they can ensure that the relationships that they have built up with children and families are reinforced and support continues throughout the year. Young People are adverse to the term 'Holiday Hunger' and feel that this stigmatises

families within their community, so schemes are being encouraged not to use this in their marketing. Linked into this is the AAPs involvement with the local action on food poverty working group whereby a referral system is also being established with the local food banks for those families that present with a crisis situation

21. Stanley and Mid Durham AAPs are working with Supportive (formally the Social Resource Centre), Public Health and Durham County Council's Sustainable Transport to examine the feasibility of a larger funding bid to support the development of a countywide social volunteer driving scheme. Discussions have just started, but the proposal will explore partnerships with Link2, community transport and compliment the recently commissioned 'Help to Health' volunteer driving scheme.

Recommendations

22. The Health and Wellbeing Board is recommended to:
 - Support the alignment of the work of the AAP's to the Health and Wellbeing Board.
 - Receive details of the AAP priorities for 2017/18 (Appendix 2)
 - Receive information about the shared work that the AAPs and partners are currently working on.
 - Agree to receive future update reports.

Contact: **Andy Coulthard, Area Action Partnership Coordinator, Durham
County Council**

Tel: **07818 510370**

Appendix 1: Implications

Finance

The finance highlighted within this report is linked to budgets provided to the AAPs via Durham County Council and Durham County Council's Public Health with the Durham, Dales, Easington and Sedgefield Clinical Commissioning Group contributing funding to the AAPs relevant to their delivery geography.

Staffing

Not applicable

Risk

Not applicable

Equality and Diversity / Public Sector Equality Duty

Not applicable

Accommodation

Not applicable

Crime and Disorder

Not applicable

Human Rights

Not applicable

Consultation

The AAPs engage with local residents and partners throughout the year and base their work on the contributions provided. They provide an opportunity for residents and partners to be part of the working groups tasked to examine, develop and evaluate the outcomes of the aforementioned contributions.

Procurement

Not applicable

Disability Issues

A number of the projects/programmes highlighted within this report will have a positive impact on the quality of life of those residents and their families that are impacted upon by certain disabilities.

Legal Implications

Not applicable

Appendix 2: AAPs Chosen Priorities for 2017/18

Method of Action Plan delivery	AAP Area	Priorities
NORTH	Chester le Street (Task & Finish Groups)	<ul style="list-style-type: none"> • Health & Wellbeing – (mental well-being focus) • Older People • Employment and Jobs • Environment and Town Centre
	Derwent Valley (Task & Finish Groups)	<ul style="list-style-type: none"> • Environment • Health and Wellbeing • Employment, Enterprise and Training • 'Children, Young People and Families' as a cross cutting theme.
	Mid Durham (Task & Finish Groups)	<ul style="list-style-type: none"> • Children, Young People & Families • Older People • Local Environment • Community Safety • Health & Wellbeing
	Stanley (Task & Finish Groups)	<ul style="list-style-type: none"> • Children, Young People & Families • Older People • Employment, Enterprise and Training • Community Safety • Health & Wellbeing
SOUTH	3 Towns Task & Finish Groups	<ul style="list-style-type: none"> • Children, Young People & Families • Health and Wellbeing With the cross cutting theme of community Safety
	4 Together (call for projects)	<ul style="list-style-type: none"> • Children, Young People & Families • Health & Wellbeing • Older People • Capital Grants– capital items only – under the 3 main priorities
	Bishop Auckland and Shildon (call for projects)	<ul style="list-style-type: none"> • Children, Young People and Families • Community Safety • Employment, Enterprise and Training
	Great Aycliffe and Middridge (call for projects)	<ul style="list-style-type: none"> • Children, Young People & Families • Older People • Employment, Enterprise & Training
	Teesdale (Task & Finish Groups)	<ul style="list-style-type: none"> • Children, Young People and Families • Older People • Employment, Enterprise and Training
	Weardale (Task & Finish Groups)	<ul style="list-style-type: none"> • Support to groups in Weardale • Health and Wellbeing • Children, Young People & Families • Culture, Tourism and Heritage
	Durham City (Task & Finish Groups)	<ul style="list-style-type: none"> • Not chosen until the June Board meeting
EAST		

	East Durham (Task & Finish Groups)	<ul style="list-style-type: none"> • Maintaining the Social Fabric of our • Health and wellbeing • Children, Young People & Families
	East Durham Rural Corridor (Task & Finish Groups)	<ul style="list-style-type: none"> • Children, Young People and Families • Older People • Health and Wellbeing
	Spennymoor	<ul style="list-style-type: none"> • Children, Young People & Families • Employment, Enterprise and Training • Community Safety • Health & Wellbeing • Your Local Environment • Culture, Tourism and Heritage

Bold – Direct Health and Wellbeing Priority

Appendix 3: Examples of AAP supported projects currently being delivered

Mental health – Suicide Prevention

If U Care Share (various AAPs) - If U Care Shares aims are primarily to provide services, which help prevent suicide and promote positive mental health, particularly in young people. This project is built on workshops that are delivered within Schools or Colleges with year 9 and 10 students and with relevant service provider officers/workers.

Within the 3 Towns area the programme has worked with the 2 secondary schools with a third due to start. It has developed **12 peer mentors** and worked with **244 pupils**. In the BASH area the scheme has delivered **2 Suicide Training on Prevention sessions** to numerous local service providers and delivered sessions in 4 secondary schools to over **500 pupils** whilst training **24 (6 per school) peer mentors**. The scheme is due to start in East Durham and has targets of **3 peer mentors** and **350 pupils**.

Mental Health

Mind, Well-being Centre Manager (Chester le Street AAP) - based at a high street location to act as a point of first call. They can then refer into other voluntary sector support or the GP. The project aims to relieve the pressure placed on GPs waiting rooms, dealing with those that are concerned about the first signs of mental health issues. They worked with **63 different agencies and community groups** to act as a referrer. In the 9 months that the project ran they engaged with **1824 people** (68% female / 32% male) and provided **175 advice and guidance sessions**. There were **12 volunteers recruited** and trained to support individual cases.

Young Carers

Young Carers Charter (BASH) – The AAP funded a project for 1 year to develop and deliver a bespoke Neighbourhood Charter. The project brought together a whole community and involved them in the Charters development whilst examining wider opportunities to raise awareness and avenues of support at a local level for young carers. A group of young carers and their community agreed the most **relevant 5 pledges** to include in the new Charter. The project is on track to deliver **17 accreditations for organisations** within the AAP area.

Wellbeing - General

Health Express (BASH) - The aim of the Health Express project is to help residents of Shildon to live longer, become healthier and lead happier, more fulfilled lives. A team of Health Trainers provide support to the local community to encourage healthy living and improve general wellbeing. Health Express has supported various projects and events in the last two years from hosting a range of successful events in Hackworth Park including a Family Fun Day and Sport Relief Mile. Along with working in partnership with Durham University and DCC Lifeline to develop the

HYPER (Hearing Young People's Views on Energy Drinks Research) project in raising awareness on the negative impacts of energy drinks and producing learning materials to be used in a schools programme in the Bishop Auckland and Shildon area.

Wellbeing - Targeted

Parents Project (GAMP) - The aim of the project was to work with identified vulnerable females to help improve their children's wellbeing and education. The project was split into two phases with the second phase focusing on teen mums. Many of the parents/carers who were engaged in the project had experienced many issues such as; domestic abuse, mental health issues, single parent responsibilities, parenting issues, poverty and/or unemployment. As a direct result of these issues their children's wellbeing and future progression within education was directly associated with low achievement, special educational needs and low attendance rates. The project engaged with **11 mums** enrolled into Family Wise for further support. 1 mum went on to set up her own business, another 2 mums went into further training, 2 mums moved into volunteering (one of whom volunteered as assistant treasurer at Newton Aycliffe Youth Centre and is now employed as the centre manager).

Physical Activity - Targeted

North East Autism Society Trampoline Project (GAMP) - Funding was used to purchase a trampoline to assist the North East Autism Society, in Newton Aycliffe with their trampoline sessions. Families affected by autism normally find that they are excluded from public provision due to widespread misunderstanding of the condition and the stigma this presents. This often means that children and young people with autism are unable to join in with activity that would be hugely beneficial. Around **20 families** from the GAMP area currently benefit from sessions, which are accessible for all the family, and take place in an inclusive and autism-friendly environment. Some of the benefits for participants that have been reported include **weight loss, increased mobility, sensory stimulation and less incidents of extreme behaviour**. By providing sessions in an inclusive and autism-friendly environment the project is giving the young people something to look forward to by setting and achieving personal goals, whilst reducing parental and family stress, therefore improving outcomes for all involved.

Smaller scale localised support

There have been a number of Councillors who have contributed towards the implementation of **defibrillators** across the county. This has seen them placed internally within a local community building or externally on the wall of a central or community based building with numerous villages across the county.

Support has also gone out to a large number of sporting clubs and community groups across the county who deliver **physical or mentally active activity**. These range from boxing clubs, park runs and gym refurbishments to rug making, community allotments and starting up a bee keeping club.